IN THE LIMELIGHT

SPANISH FLARE — Mike and Hilary Powell (at right) present "A Flavour of Spain" at the Silk Purse Art Gallery. The couple offer art classes, cooking demos and trips to Spain for those wanting a "learning vacation." An introduction to their programme for 2006 is being held Sept. 21 at the Silk Purse in West Van. Call 604-925-7292 for more info.

Rob Newell photo

LSCR Stewardship Forum

The Lower Seymour Conservation Reserve (LSCR) in North Vancouver integrates multiple uses and interests, including regional water supply, recreational and educational opportunities, and ecological conservation.

At the forum on Thursday, September 29, 2005, the GVRD will provide updates and welcome feedback on:

- Implementation of the LSCR Management Plan
- Seymour-Capilano Water Utility Projects construction progress

The evening will also include a presentation on the restoration of the filtration plant worksite.

A guest speaker will present: *"Digging up the Past in the LSCR."*

Come early! A new documentary on the history of the Seymour Falls Dam will play during the open house.

Ongoing public participation through forums is an important feature of the GVRD's plan to manage this regional asset.

Thursday, September 29, 2005

6 – 6:30 p.m. Registration & Open House

6:30 – 9 p.m. Presentations

Holiday Inn
700 Old Lillooet Road
North Vancouver
Free parking

To view the LSCR Management Plan, visit www.gvrd.bc.ca/water/long-range-plans.htm

For more information please call the GVRD at 604-432-6200 or visit www.gvrd.bc.ca.

Greater Vancouver Regional District

WETLANDS ARE DISAPPEARING

Protect them. Become a member today.

www.ducks.ca
1-866-384-DUCK

Ducks Unlimited Canada
CANADA'S CONSERVATION COMPANY

FREE BRA CLINIC

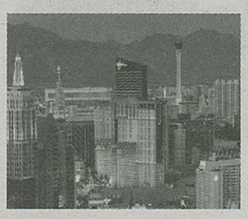
FOR AN APPOINTMENT CALL 604-542-3065

Monday, Sept 19th noon - 5pm
Tuesday, Sept 27th noon - 5pm
Capilano Mall North Vancouver

- 85% of women are wearing the wrong size bra.
- We have custom fitted bras - 185 sizes.
- No underwires.
- Straps never fall down.
- Back never comes up.

TANJAY
It is an amazing bra Come try it.

DISCOUNT FLIGHTS AND HOLIDAYS



USA HOLIDAYS

ANAHEIM FROM $299*
INCLUDES Roundtrip airfare, 3 nights accommodation and continental breakfast daily.

SAN FRANCISCO FROM $349*
INCLUDES Roundtrip airfare and 3 nights deluxe accommodation.

LAS VEGAS FROM $399*
INCLUDES Roundtrip airfare and 3 nights accommodation.

NEW YORK FROM $749*
INCLUDES Roundtrip airfare and 4 nights accommodation.

CRUISE HOLIDAYS

MEXICAN RIVIERA FROM $489*
INCLUDES 7 night Carnival cruise "Pride". Departs from Los Angeles Jan 22/06, Total taxes and fees $253.

HAWAII FROM $623*
INCLUDES 11 night Royal Caribbean cruise "Serenade of the Seas". Departs from Honolulu Oct 6/05. Total taxes and fees $253.

WHEN YOU BOOK A SUNQUEST PACKAGE BEFORE OCT 03/05†

FLIGHTS

	ROUNDTRIP
CALGARY	FROM $178*
LOS ANGELES	FROM $199*
LONDON	FROM $369*
NEW YORK	FROM $388*
TORONTO	FROM $329*
PUERTO VALLARTA	FROM $498*
TOKYO	FROM $699*
SHANGHAI	FROM $799*
HONG KONG	FROM $819*
BEIJING	FROM $819*
SEOUL	FROM $919*
MANILA	FROM $969*
BANGKOK	FROM $919*
KUALA LUMPUR	FROM $919*

SUN HOLIDAYS

MAZANILLO FROM $549*
INCLUDES Roundtrip airfare, 7 nights accommodation and transfers.

CANCUN FROM $799*
INCLUDES Roundtrip airfare, 7 nights accommodation and transfers.

HONOLULU FROM $969*
INCLUDES Roundtrip airfare and 7 nights accommodation.

LOS CABOS FROM $999*
INCLUDES Roundtrip airfare, 7 nights accommodation and transfers.

SOUTH PACIFIC HOLIDAYS

AUCKLAND FROM $1649*
INCLUDES Roundtrip airfare, 7 nights accommodation and continental breakfast daily.

FIJI FROM $1849*
INCLUDES Roundtrip airfare, 7 nights accommodation and return airport transfers.

AIR NEW ZEALAND

120 FLIGHT CENTRES ACROSS CANADA - 1500 WORLDWIDE

"Have a GR8 Trip"

1 877 WORLD 44
1 877 967 5344 | www.flightcentre.ca

LOWEST AIRFARES GUARANTEED †
† Simply bring us any competitor's airfare and we'll beat it!

FLIGHT CENTRE

*Conditions apply. Ex Vancouver. Air only prices are per person for return travel. Package and cruise prices are per person, based on double occupancy. Transportation related fees, taxes and GST are excluded. Prices are subject to availability at advertising deadline and are for select departure dates. Prices are accurate at time of publication. For full terms & conditions, see tour operator brochure. FREE 3.0 mega pixel Thin Cam digital camera. Must book by Oct. 03, 2005 for departures between Dec. 15, 2005 – Oct. 31, 2006. Subject to shipping & handling $29.99 plus applicable taxes. † Simply bring us a competitors airfare and we'll beat it! Applies to genuine written quotes. Quote must be presented prior to purchase. Subject to availability. B.C. Reg. #1402790